



LIVING LIFE AS SOURCE

Take Charge of Change

In today's "I need it now" high-tech world with personal, local and global issues facing all of us, our day-to-day lives are greatly affected. It often feels like life is running us and we're just along for the ride. Taking charge of our daily life is more and more challenging every day. What if you could learn new life skills, tools and techniques to take charge of your life again?

Begin by jumping into a series of powerful workshops that teach you to live every day with more enjoyment and fulfillment.

- What if you could manage money more effectively?
- What if you could communicate to create more authentic relationships?
- What if you could reduce the stress of managing time while fulfilling your current obligations? How much more would you love your life?
- Most of all, what if you could learn how to make choices that support your values, your purpose and what you want in your future?

Living Life as Source workshops consist of four separate weekend workshops that can be completed in any sequence you choose. We guarantee you will increase your personal effectiveness and awareness, and learn tools necessary to have more of what you want and less of what you don't want. Step into these exciting, highly experiential learning workshops with your family, friends or business associates to create the life you want – living life to the fullest.

Learn more at:

www.SourcePointTraining.com/leadership-training/living-life-as-source/

About Source Point Training

Source Point Training is a revolutionary and results-based training company, founded by Barbara Fagan and Lou Dozier in late 2009. They have over 25 years experience each in coaching, consulting and training, as well as designing and facilitating coach training, relationship coach training, leadership training and other personal development programs. Barbara is known for her classy style, integrity and impeccability. Lou is known for her sassy style, as she always tells it like it is. Source Point Training provides experiential and inspirational trainings with ICF-approved CCE Units.

Four Exciting Workshops

Communication for Today

Communication is key to every aspect of our lives. Learn about your particular style and how to best communicate, as well as listen most effectively. Understand and practice these key skills that build strong relationships and assist you in creating the results you want.

Manifest Vision — Living Abundantly

Understanding how attitudes and beliefs effect the choices we make can create an abundant life. Get clear on your vision and learn to take a stand for what you want, living the life you love.

Purposeful Living

Discover the purpose of your life and how to live each day living on purpose and filled with excitement and energy. Identify your unique qualities and your passion, and discover how to best create alignment with your personal purpose in life.

Values-Based Living

Gain clarity around your personal value frame — those guiding principles that have you live with integrity, while setting boundaries and supporting your personal relationships. Live each day making choices that support your true values.

Source Point Training

Healdsburg, CA 95448

800-217-5660

www.SourcePointTraining.com